



Blessings Dining Room

The Blessings Lodge
At
Overlook
Retreat and Camp Ministries

It is our ministry to provide you an appetizing meal and renewing Christian Fellowship. We welcome your comments.

Special dietary needs for members of your group need to be addressed prior to your engagement.

To assist families, there is no charge for children under 4 years of age.

Overlook Retreat & Camp Ministries
3014 Camp Overlook Lane
Keezletown, VA 22832

Phone: (540) 269-2267

Email: CampOverlook@gmail.com

www.campoverlook.org



Menu Choices

****Prices effective January 2023-current*

BREAKFAST

All Breakfasts are served with Juice, Hot Beverages, Toasted Cereal, and Milk

Country Ham
Scrambled Eggs
Biscuits
Potato Wedges \$13.25

Southwestern Omelet
Grits
Biscuits & Sausage Gravy
Tropical Fruit Cup \$13.25

Pancakes or French Toast
with Assorted Fruit Syrups
Sausage
Baked Apples \$13.25

Ham, Egg and Cheese Croissant
Tropical Fruit Cup \$13.25

Continental Breakfast
May include: Bagels with cream cheese,
Assorted Muffins or Danishes
Seasonal Fresh Fruit
Yogurt \$13.25

Grandma's Delights

Two of Grandma's favorite breakfast casseroles:

Egg with meat and cheese &
Blueberry French Toast
Chilled Fruit \$13.25

LUNCH

All lunches are served with cold and hot beverages.

Chicken Salad served with Croissant
Pasta Salad
Mandarin Orange Jell-O Salad
Macadamia Nut Cookie \$13.50

Country Pork Barbecue served with Kaiser Roll
Grandma's Lattice Potatoes
Creamy Coleslaw
Apple Crisp A-La-Mode \$13.50

Baked Potato and Toppings
Salad
Brownie A-La-Mode
Choice of 1 Soup \$13.50

Taco Fixin's over Tortilla Chips
Strawberry Angel Cake Dessert \$13.50

Chef Salad with selection of dressings
Rolls
Peach Melba
Choice of 1 Soup \$13.50

Deli Wraps (selection of meats and cheeses)
Potato or Macaroni Salad
Apple Cobbler A-La-Mode \$13.50

A Soup may be added to any meal for \$2.00 per person
Soup Selections — choose one.

* Beef Vegetable Soup * Potato Soup
* Cheddar Bacon Broccoli Soup * Tomato Soup

DINNER

All dinners are served with cold and hot Beverages, Tossed Salad, and Hot Rolls or Garlic Bread.

Roast Beef au Jus
Broccoli Spears
Potatoes Au Gratin
Fruit Pie A-La-Mode \$18.00

Chicken Parmigiana
Served over pasta with Garlic Bread
Tuscany Vegetable Blend
Country Style Applesauce
Lemon Meringue Pie \$18.00

Honey Baked Ham
Sweet Potato Casserole
Green Beans
Coconut Cake \$18.00

Pork Roast
New Red Potatoes with butter and Parsley
Green Beans
Chunky Applesauce
Fruit Pie A-La-Mode \$18.00

Home-style Baked Turkey
Mashed Potatoes with Gravy
Corn Bread Dressing
Green Peas
Cranberry Relish
Pumpkin Or Fruit Pie A-La-Mode \$18.00

Lasagna
Garlic Bread
Vegetable Blend
Swiss Chocolate Carmel Cake \$18.00

The Blessings Lodge at Overlook Retreat and Camp Ministries includes facilities for overnight retreats or weekday seminars. Selections are made from the surrounding menu choices and served in our comfortable dining room. The facility can accommodate day groups or banquets of 20 to 72 people, or overnight groups of 16 to 52 people. (Exceptions will be made on the food service minimum for overnight groups who utilize ALL the bedrooms)

Meals are served buffet-style unless otherwise noted.

*** Small extra charge for specialty menu changes

Prices include taxes and gratuities!